



Network

Advocate ↓ Educate ↓ Motivate

Speaker Series 2008 – 2009

All meetings will be held at Walter Johnson High School (cafeteria), 6400 Rock Spring Drive, Bethesda MD, just minutes off I-270.

THURSDAY 9/18

Social Anxiety – Many bright children worry about what others think of them or whether they can measure up to their own expectations. However, when social anxiety interferes with a student's ability to engage in school and social activities, intervention is sometimes needed. John Dalton, Ph.D., of the Behavior Therapy Center of Greater Washington specializes in the treatment of anxiety disorders and will provide information on diagnosis and behavioral treatment of social anxiety in children and adolescents.

THURSDAY 10/16

From ADD through Autism: The Dietary and Nutritional Interventions – Dana Godbout Laake, a licensed nutritionist providing preventive and therapeutic medical nutrition services will address issues including: What is the science behind special diets and how they work? What are the tests for nutritional deficiencies, toxic exposures, maldigestion, and defects in metabolism? She received her master's degree in nutrition from the University of MD and has recently co-authored *The Kid-Friendly ADHD & Autism Cookbook - The Ultimate Guide to the Gluten-free Casein-free Diet*.

THURSDAY 11/20

Executive Function: Looking Ahead – Only 54% of the students who go to college finish their degree within six years. For students with diagnosed learning difficulties it falls as low as 40%. How does executive functioning relate to attrition in higher education and what can parents do now to prepare their student for success? Landmark College Assistant Professor and Director of Admissions, Ben Mitchell, will discuss the experience of the disabled student in higher education. Participants should leave with a greater understanding of the significant barriers in higher education for students with executive functioning difficulties. Participants will get a clearer idea of the landscape of available higher education support services and the challenges that face students in their move from high school to college.